

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


February 2019

Items in red are open to the community!

**Activities subject to change due to unforeseen circumstances.*

10:30 Friday Brain Fitness
12:00 Birthday Eve Party for Rosemarie!
1:30 Friday Flick: *Groundhog Day*
3:30 Decorating

1 *Happy Birthday, Rosemarie!*



Groundhog Day



3 10:30 Mindful Monday Games
1:30 Monday Manicures
2:00 Candy Making: Valentine Chocolates

4 10:30 "Are You A Pig?" Year of the Pig Games
11:00 Chinese Lunch Prep
1:30 Terrific Tuesdays with Mary
Chinese New Year

5 10:30 Make Gingerbread Heart Cookies
1:30 Whacky Wednesdays with Kathy
3:30 Water Plants
4:00 *Bowling*

6 10:30 Cookie Baking
11:30 Chair Yoga with Terri
1:30 Thrilling Thursdays with Michelle: Cookie Decorating

7 10:30 Brain Strains
1:30 Friday Fitness
3:00 Party Prep
6:00 Valentine Potluck & House Concert with The Krause Family Band

8 **9:00-10:30am Happy Hope Yoga at Middleton Community United Church of Christ**



10 10:30 Mindful Monday Games
1:30 Monday Manicures
2:00 Cup O Hope: Informational Coffee & Valentine Cookie Event

11 10:30 Take Five Tuesday Puzzles & Games
1:30 Out for a Movie & Birthday Celebration with Michelle!

12 10:30 Coffee & Brain Busters
1:30 Whacky Wednesdays with Kathy
3:00 Wednesday Watering
4:00 *Bowling*

13 10:30 Cupid Trivia & Word Games
12:30 Valentine Tea Party
1:30 Name That Love Song
2:00 Rom Com & Popcorn
Valentine's Day

14 10:30 Friday Brain Fitness
1:30 Tai Chi with Bob
3:00 Snack n' Chat
7:00 Intergenerational Movie Night: Dan In Real Life



17 10:30 Presidential Trivia & Games
1:30 Monday Manicures
2:30 Patriotic Sing-a-long
Presidents' Day (US)

18 10:30 Take Five Tuesday Puzzles & Games
12:00 *Out for Lunch & A Movie*
3:30 Snack n' Chat

19 10:30 Coffee & Brain Strains
1:30 Whacky Wednesdays with Kathy
3:00 Wednesday Watering
4:00 *Bowling*

20 10:30 Thursday Thinkers Word Games
1:30 Thrilling Thursdays with Michelle
3:30 Snack n' Chat

21 10:30 Cranium Crunches
1:30 Tai Chi with Bob
3:00 Happy Hour with Friday Fiddlin'!



24 10:30 *Out for Appointments*
1:30 Monday Manicures
2:30 Monday Munchies Treat Making

25 10:30 Take Five Tuesday Games
1:30 Terrific Tuesdays with Mary
3:30 Snack n' Chat

26 10:30 Games
1:30 Whacky Wednesdays with Kathy
3:00 Wednesday Watering
4:00 *Bowling*

27 10:30 Thursday Thinkers Word Problems
1:30 Thrilling Thursdays with Michelle
3:30 Snack n' Chat

