

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>January 2019</i></p> <p>Items in red are open to the community!</p> <p>*Activities subject to change due to unforeseen circumstances.</p>		<p>10:30 Tuesday Trivia! First Time for Everything 12:20 Out to see <i>Mary Poppins Returns</i> at Point Cinema 3:00 Christmas Clean-up</p> <p>New Year's Day</p>	<p>10:30 Coffee & Word Games 1:30 Whacky Wednesdays with Kathy 3:30 Clean-up 4:30 Bowling</p>	<p>10:30 Thursday Thinkers Brain Strains 1:30 Thrilling Thursdays with Michelle 3:30 Snack n' Chat</p>	<p>10:30 Brain Busters 1:30 Friday Fitness: Sitting & Standing Stretches 3:00 Sip n' Sing</p>	<p>9:00-10:30am Happy Hope Yoga at Middleton Community United Church of Christ</p>
	<p>6 10:30 Mindful Monday Cranium Crunches 1:30 Manicures 3:00 Resident Choice Games</p>	<p>7 10:30 Tuesday Take Five Puzzles & Games 1:30 Terrific Tuesdays with Mary 3:30 Snack n Chat</p>	<p>8 10:30 Cranium Crunches 1:30 Whacky Wednesdays with Kathy 4:30 Bowling</p>	<p>9 10:30 Thursday Thinkers Word Problems 1:30 Thrilling Thursdays with Michelle 3:30 Snack n' Chat</p>	<p>10 10:30 Friday Brain Fitness 3:00 Party Prep 6:00 Potluck & House Recital! Potluck @ 6pm Music @ 7pm</p>	
	<p>13 10:30 Mindful Monday Games 1:30 Monday Manicures 2:30 Monday Movie Matinee: <i>Dumplin'</i></p>	<p>14 10:30 Take Five Tuesday Games 1:30 Terrific Tuesdays with Mary 3:30 Tuesday Tea Time</p>	<p>15 10:30 Brain Strains 1:30 Whacky Wednesdays with Kathy 3:30 Snack n Chat 4:30 Bowling</p>	<p>16 10:30 Thursday Thinkers Trivia & Games 1:30 Thrilling Thursdays with Michelle 3:30 Snack n' Chat</p>	<p>17 10:30 Word Games 1:30 Friday Fitness: Seated Exercise Class 7:00 Intergenerational Movie Night</p>	
	<p>20 10:30 Martin Luther King Trivia & History 1:30 Monday Manicures 3:00 "I Have A Dream" viewing Martin Luther King Day Tu B'Shevat</p>	<p>21 10:30 Out for Appointments 1:30 Terrific Tuesdays with Mary 3:30 Tuesday Tea Time</p>	<p>22 10:30 Wednesday Word Problems 1:30 Whacky Wednesdays with Kathy 4:30 Bowling</p>	<p>23 10:30 Thursday Thinkers Puzzles 11:30 Chair Yoga with Terri 1:30 Thrilling Thursdays with Michelle</p>	<p>24 10:30 Cranium Crunches 12:00 Out for Appointments 2:00 Heart Math with Carrie 3:00 Friday Flick</p>	
<p>January</p>  <p>Birthstone: garnet</p>	<p>27 10:30 Brain Busters: Australia Trivia 1:30 Monday Manicures 3:00 Card Game: Resident Choice Australia Day (observed)</p>	<p>28 10:30 Tuesday Trivia/Take 5 1:30 Terrific Tuesdays with Mary 3:30 Tuesday Tea Time</p>	<p>29 10:30 Cranium Crunches 1:30 Whacky Wednesdays with Kathy 3:30 Snack n Chat 4:30 Bowling</p>	<p>30 Ruthie Out 10:30 Thursday Thinkers Take 5 1:30 Thrilling Thursdays with Michelle 3:30 Snack n' Chat</p>	<p>Faith is taking the first step even when you don't see the whole staircase.</p> <p>- Martin Luther King, Jr. (January 15, 1929 - April 4, 1968)</p> 	